

# PLAN of Maryland-D.C., Inc.



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## **What is PLAN?**

Founded in 1985 by families with members who suffer from mental illnesses, PLAN acts as an extension of the family to support families' efforts to provide their loved ones with critical services not provided by the public benefit programs.

## **What is PLAN's Mission?**

The mission of PLAN of Maryland-D.C. Inc. is to enable individuals with disabilities to maximize their potential for independence and quality of life through coordinated service and programs that emphasize long term planning, case management, family services and financial management.

## **How can PLAN Help You?**

PLAN can provide case management, budgeting and escrow account management services to help clients negotiate the public benefits system and to help them manage day-to-day affairs. PLAN serves as trustee for special needs trusts so that families who wish to leave resources for the support of their loved one with a disability, or individuals with disabilities who receive money or resources, can shelter those resources in a way that helps preserve eligibility for public benefits.

## **What services does PLAN provide?**

Although PLAN's services are integrated to comprehensively address the needs of the person with a disability, services can be thought of in three categories:

1. Case Management Services
2. Budgeting / Escrow Account Management Services
3. Trust Services (1) for families who wish to leave resources for a family member who has a disability without making that family member ineligible for public benefits, or (2) for individuals with disabilities who receive resources and who need to shelter those resources to maintain eligibility for public benefits.

Yes, I want to become a member of PLAN. My annual dues of \$130 is enclosed.

Make checks payable to: PLAN of Maryland – D.C., Inc.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Street Address \_\_\_\_\_

City, State and Zip Code \_\_\_\_\_

Email \_\_\_\_\_